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UNITED STATES PATENT APPLICATION  
FOR

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**COMBINATIONS OF Sesquiterpene LACTONES AND DITEPENE LACTONES  
OR TRITERPENES FOR SYNERGISTIC INHIBITION OF  
CYCLOOXYGENASE-2**

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**THE COMMISSIONER OF PATENTS AND TRADEMARKS:**

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Your petitioners, **JOHN G. BABISH**, a citizen of the United States, residing at 508 White Church Rd., Brooktondale, New York 14817; **TERRENCE HOWELL**, a citizen of the United States, residing at 62 Southworth Road, Dryden, New York 13053 and **LINDA PACIORETTY**, a citizen of the United States residing at 508 White Church Road, Brooktondale, New York 14817 pray that letters patent may be granted to them as inventors of the improvement in a **COMBINATIONS OF Sesquiterpene LACTONES AND DITEPENE LACTONES OR TRITERPENES FOR SYNERGISTIC INHIBITION OF CYCLOOXYGENASE-2** as set forth in the following specification:

## RELATED APPLICATIONS AND PRIORITY CLAIM

This application claims the benefit of US Provisional Application No.60/222,167 filed August 1, 2000.

## FIELD OF THE INVENTION

5           The present invention relates generally to a composition exhibiting synergistic inhibition of the expression and/or activity of inducible cyclooxygenase-2 (COX-2). More particularly, the composition comprises, as a first component, a sesquiterpene lactone species and, as a second component, at least one member selected from the group consisting of a diterpene lactone species, and a triterpene species or derivatives thereof. The composition  
10           functions synergistically to inhibit the inducibility and/or activity of inducible cyclooxygenase (COX-2) with no significant effect on constitutive cyclooxygenase (COX-1).

## BACKGROUND OF THE INVENTION

15           Inflammatory diseases affect more than fifty million Americans. As a result of basic research in molecular and cellular immunology over the last ten to fifteen years, approaches to diagnosing, treating and preventing these immunologically-based diseases has been dramatically altered. One example of this is the discovery of an inducible form of the cyclooxygenase enzyme. Constitutive cyclooxygenase (COX), first purified in 1976 and cloned in 1988, functions in the synthesis of prostaglandins (PGs) from arachidonic  
20           acid(AA). Three years after its purification, an inducible enzyme with COX activity was identified and given the name COX-2, while constitutive COX was termed COX-1.

COX-2 gene expression is under the control of pro-inflammatory cytokines and growth factors. Thus, the inference is that COX-2 functions in both inflammation and control of cell growth. While COX-2 is inducible in many tissues, it is present constitutively in the brain and spinal cord, where it may function in nerve transmission for pain and fever.

5 The two isoforms of COX are nearly identical in structure but have important differences in substrate and inhibitor selectivity and in their intracellular locations. Protective PGs, which preserve the integrity of the stomach lining and maintain normal renal function in a compromised kidney, are synthesized by COX-1. On the other hand, PGs synthesized by COX-2 in immune cells are central to the inflammatory process.

10 The discovery of COX-2 has made possible the design of drugs that reduce inflammation without removing the protective PGs in the stomach and kidney made by COX-1. These selective COX-2 inhibitors may not only be anti-inflammatory, but may also be actively beneficial in the prevention and treatment of colon cancer and Alzheimer's disease.

15 An ideal formulation for the treatment of inflammation would inhibit the induction and activity of COX-2 without affecting the activity of COX-1. Historically, the non-steroidal and steroidal anti-inflammatory drugs used for treatment of inflammation lack the specificity of inhibiting COX-2 without affecting COX-1. Therefore, most anti-inflammatory drugs damage the gastrointestinal system when used for extended periods.

20 Thus, new treatments for inflammation and inflammation-based diseases are urgently needed.

Leaves or infusions of feverfew, *Tanacetum parthenium*, have long been used as a folk remedy for the relief of fever, arthritis and migraine headaches. Previous reports using feverfew extracts have suggested interference with arachidonate metabolism as the mechanism behind these pharmacological effects. In one study (Sumner et al. (1992) Biochem. Pharmacol. 43:2313-2320), crude chloroform extracts of fresh feverfew leaves produced dose-dependent inhibition of the generation of thromboxane B2 and leukotriene B4 by ionophore- and chemoattractant-stimulated rat peritoneal leukocytes and human polymorphonuclear leukocytes. Other research has suggested inhibition of platelet aggregation and the platelet release reaction by feverfew extracts (Groenewegen et al. (1986) J. Pharm. Pharmacol. 38:709-712). Numerous publications suggest that the biologically active components of feverfew are sesquiterpene lactones, with parthenolide being the most abundant.

In the literature approximately 25, separate biological effects have been reported for parthenolide. The potential pharmacological activities range from the inhibition of isolated bovine prostaglandin synthetase (Pugh and Sambo (1988) J. Pharm. Pharmacol. 40:743-745) to the prevention of ethanol-induced gastric ulcers in the rat (Tournier et al. (1999) J. Pharm. Pharmacol. 51:215-219). Research at the molecular level has described parthenolide inhibition of nuclear factor kappa B (NF-kB) activation in several cell-based systems (Hehner et al. (1999) J. Immunol. 163:5617-5623; Bork et al. (1997) FEBS Letters 402:85-90) and inhibition of inducible nitric oxide gene expression in cultured rat aortic smooth muscle cells (Wong and Menendez (1999) Biochem. Biophys. Res.

Commun. 262:375-380). While these molecular events may account, in part, for some of the biological actions of parthenolide, there exists no consensus on the exact nature of the underlying mechanism for its anti-inflammatory effects.

Clinically effective doses of parthenolide for migraine prevention are on the order of micrograms per kg body weight daily. Human clinical trials have verified the minimum effective dose for migraine prevention, as well as the associated discomfort of nausea and vomiting associated with use of 125 mg of feverfew extract per day. The feverfew extracts used in these trials generally contained between 0.2 to 0.7 percent parthenolide. Therefore, the minimally effective dose of parthenolide would be estimated to be approximately 250 micrograms per day or 4 micrograms parthenolide per kg body weight. Commercial, standardized preparations of feverfew deliver between 600 to 4000 micrograms parthenolide per daily dose. While more than sufficient to effectively control migraine frequency, it is doubtful that these doses of parthenolide would be sufficient to address inflammatory responses.

Research literature on the in vitro anti-inflammatory effects of parthenolide reports inhibitory constants in the micromolar range. Assuming a volume of distribution greater than several hundred mL per kg and a median resonance time less than 12 hours, these parthenolide concentrations could only be achieved and maintained in vivo with dosing mg amounts of parthenolide per kg bodyweight. While such dosing studies have been performed successfully in laboratory animals, no clinical reports describe similar doses of parthenolide in humans. Based upon these estimates, a clinically successful

preparation of parthenolide for inflammatory conditions would be required to deliver at least 15 mg parthenolide/kg-day. However, such relatively high doses of parthenolide would be commercially prohibitive due to the cost of production, even for a therapeutic formulation.

5           Rather than modifying the parthenolide molecule to achieve greater efficacy and lower toxicity, it is the object of this invention to combine parthenolide with a second molecule to produce a synergistic effect in the target cell. One such synergistic response would be the inhibition of inducible COX-2.

10           Diterpene lactone species, such as andrographolide, and triterpenes, such as ursolic acid and oleanolic acid, are commonly found in plants and are used for their anti-inflammatory properties. The anti-inflammatory effects of these compounds have been described in the literature since 1960. Their mechanism of action is believed to be due (i) to the inhibition of histamine release from mast cells or (ii) to the inhibition of lipoygenase and cyclooxygenase activity thereby reducing the synthesis of inflammatory factors produced during the arachidonic acid cascade. Since andrographolide and oleanolic acid have been found to promote the healing of stomach ulcers, it is unlikely that the cyclooxygenase activity that is inhibited is COX-1. Also, andrographolide and oleanolic acid are potent antioxidants, capable of inhibiting the generation of reactive oxygen intermediates and restoring tissue glutathione levels following stress.

20           It would be useful to identify a compound that would specifically enhance the anti-inflammatory effect of parthenolide so that it could be used at sufficiently low doses or at

current clinical doses with no adverse side effects. The optimal formulation of parthenolide for preserving the health of joint tissues, for treating arthritis or other inflammatory conditions has not yet been discovered. A formulation combining parthenolide and a second compound selected from the group consisting of andrographolide, oleanolic acid and ursolic acid to synergistically inhibit COX-2 and support the normalization of joint function has not yet been described or discovered.

While glucosamine is generally accepted as being effective and safe for treating osteoarthritis, medical intervention into the treatment of degenerative joint diseases is generally restricted to the alleviation of its acute symptoms. Medical doctors generally utilize non-steroidal and steroidal anti-inflammatory drugs for treatment of osteoarthritis. These drugs, however, are not well-adapted for long-term therapy because they not only lack the ability to promote and protect cartilage, they can actually lead to degeneration of cartilage or reduction of its synthesis. Moreover, most non-steroidal, anti-inflammatory drugs damage the gastrointestinal system when used for extended periods. Thus, new treatments for arthritis are urgently needed.

The joint-protective properties of glucosamine would make it an attractive therapeutic agent for osteoarthritis except for two drawbacks: (i) the rate of response to glucosamine treatment is slower than for treatment with anti-inflammatory drugs, and (ii) glucosamine may fail to fulfill the expectation of degenerative remission. In studies comparing glucosamine with non-steroidal anti inflammatory agents, for example, a double-blinded study comparing 1500 mg glucosamine sulfate per day with 1200 mg

ibuprofen, demonstrated that pain scores decreased faster during the first two weeks in the ibuprofen patients than in the glucosamine-treated patients. However, the reduction in pain scores continued throughout the trial period in patients receiving glucosamine and the difference between the two groups turned significantly in favor of glucosamine by week eight. Lopes Vaz, A., *Double-blind clinical evaluation of the relative efficacy of ibuprofen and glucosamine sulphate in the management of osteoarthritis of the knee in outpatients*, 8 Curr. Med Res Opin. 145-149 (1982). Thus, glucosamine may relieve the pain and inflammation of arthritis at a slower rate than the available anti-inflammatory drugs.

An ideal formulation for the normalization of cartilage metabolism or treatment of osteoarthritis would provide adequate chondroprotection with potent anti-inflammatory activity. The optimal dietary supplement for osteoarthritis should enhance the general joint rebuilding qualities offered by glucosamine and attenuate the inflammatory response without introducing any harmful side effects. It should be inexpensively manufactured and comply with all governmental regulations.

However, the currently available glucosamine formulations have not been formulated to optimally attack and alleviate the underlying causes of osteoarthritis and rheumatoid arthritis. Moreover, as with many commercially-available herbal and dietary supplements, the available formulations do not have a history of usage, nor controlled clinical testing, which might ensure their safety and efficacy.



It would be useful to identify a compound that would specifically and synergistically enhance the anti-inflammatory effect of parthenolide so that it could be used at sufficiently low doses or at current clinical doses with no adverse side effects.

## SUMMARY OF THE INVENTION

The present invention provides composition comprising, as a first component, an active sesquiterpene lactone species and a second compound that specifically and synergistically enhance the anti-inflammatory effect of the active sesquiterpene. The composition comprising an active sesquiterpene lactone species, and at least one member selected from the group consisting of an diterpene lactone species, and a triterpene species or derivatives thereof. Any sesquiterpene lactone, diterpene lactone or triterpene species is inclusive of derivatives of the respective genus. However, additional species or mixtures of species within the various genera may be present in the composition which is limited in scope only by the combinations of species within the various genera that exhibit the claimed synergistic functionality. The composition functions synergistically to inhibit the inducibility and/or activity of COX-2 with no significant effect on COX-1.

The present invention further provide a composition of matter to increase the rate at which glucosamine or chondrotin sulfate function to normalize joint movement or reduce the symptoms of osteoarthritis.

One specific embodiment of the present invention is a composition comprising an effective amount of parthenolide and at least one compound selected from the group consisting andrographolide, ursolic acid and oleanolic acid.

The present invention further provides a method of dietary supplementation and a method of treating inflammation or inflammation-based diseases in a warm-blooded animal which comprises providing to the animal suffering symptoms of inflammation the composition of the present invention containing a second component which specifically and synergistically enhances the anti-inflammatory effect of an active sesquiterpene lactone, and continuing to administer such a dietary supplementation of the composition until said symptoms are eliminated or reduced.

#### BRIEF DESCRIPTION OF THE DRAWINGS

FIG. 1 illustrates the general chemical structures of [A1] the sesquiterpene lactone genus and [A2] parthenolide as a species within that genus.

FIG. 2, [A1] and [A2] respectively, illustrates the chemical structures of diterpene lactone genus and andrographolide as a species within that genus; and [B1], [B2] and [B3] respectively illustrates the chemical structures of triterpene genus and ursolic acid and oleanolic acid as a species within that genus.

FIG. 3 provides a schematic for the experimental design of EXAMPLE 1.

FIG. 4(a)-(c) are line graphs depicting the percent inhibition of COX-2 enzyme protein expression by individual compounds and the combinations of the tested materials, as described in EXAMPLE 1-3, in the absence and presence of arachidonic acid(AA).

## DETAILED DESCRIPTION OF THE INVENTION

Before the present composition and methods of making and using thereof are disclosed and described, it is to be understood that this invention is not limited to the particular configurations, as process steps, and materials may vary somewhat. It is also intended to be understood that the terminology employed herein is used for the purpose of describing particular embodiments only and is not intended to be limiting since the scope of the present invention will be limited only by the appended claims and equivalents thereof.

It must be noted that, as used in this specification and the appended claims, the singular forms "a," "an," and "the" include plural referents unless the context clearly dictates otherwise.

The present invention provides a composition having a synergistic inhibitory effect on the expression and/or activity of COX-2. More particularly, the composition comprises, as a first component, an active sesquiterpene lactone species and, as a second component, at least one member selected from the group consisting of diterpene lactone, and triterpenes or derivatives thereof as more specifically described above. Preferably, the molar ratio of the first component, i.e. active sesquiterpene lactone to the second component, i.e. the member selected from the group consisting of diterpene lactones and triterpenes or derivatives thereof is within a range of 1:1 to 1:10, and more preferably within a range of 1:2.5 to 1:10.

The composition provided by the present invention can be formulated as a dietary supplement or therapeutic composition. The composition functions synergistically to inhibit the inducibility and/or activity of COX-2 with no significant effect on COX-1.

As used herein, the term “dietary supplement” refers to compositions consumed to affect structural or functional changes in physiology. The term “therapeutic composition” refers to any compounds administered to treat or prevent a disease.

As used herein, the term “active sesquiterpene lactone” refers to a species within the sesquiterpene lactone genera that is capable of inhibiting the inducibility and/or activity of COX-2 while having no significant effect on COX-1 or is capable of inhibiting or reducing the severity of a severe inflammatory response. All active sesquiterpene lactone species have an  $\alpha$ -methylene or  $\gamma$ -lactone functional group and are capable of inhibiting or reducing the severity of an inflammatory response.

As used herein, diterpene lactones, sesquiterpene lactones, triterpenes or derivatives of diterpene lactones, sesquiterpene lactones or triterpenes refers to naturally occurring or synthetic derivatives of species within the scope of the respective genera. Representative species within each genus are listed in Table 1. Of the species listed under each genus in Table 1, those containing at least one asterisk (\*) are preferred and those containing two asterisks (\*\*) are particularly preferred.



“Conjugates” of diterpene lactones, sesquiterpenes lactones, triterpenes or derivatives thereof means diterpene lactones, sesquiterpenes lactones, triterpenes covalently bound or conjugated to a member selected from the group consisting of mono- or di-saccharides, amino acids, sulfates, succinate, acetate and glutathione. Preferably, the mono- or di- saccharides is a member selected from the group consisting of glucose, mannose, ribose, galactose, rhamnose, arabinose, maltose, and fructose.

Therefore, one preferred embodiment of the present invention is a composition comprising effective amount of parthenolide and a second compound selected from the group consisting of andrographolide, ursolic acid and oleanolic acid. The resulting formulation of the combinations of the present invention functions to synergistically inhibit the inducibility and/or activity of COX-2 while showing little or no effect on COX-1. Therefore, the composition of the present invention essentially eliminates the inflammatory response rapidly without introducing any harmful side effects.

Preferably, the sesquiterpene lactone genus, as represented by FIG. 1 [A1] and specifically the species parthenolide as represented by FIG. 1[A2] is a pharmaceutical grade preparation such as can be obtained from Folexco Flavor Ingredients, 150 Domorah Drive, Montgomeryville, PA 18936. *Chrysanthemum parthenium* or *Tanacetum vulgare* serve as ready sources of parthenolide. The pharmaceutical grade extract must pass extensive safety and efficacy procedures. Pharmaceutical grade parthenolide extract is greater than 5 weight percent. As employed in the practice of the invention, the extract has a parthenolide content of about 5 to 95 percent by weight. Preferably, the minimum

parthenolide content is greater than 50 percent by weight. Without limiting the invention, it is anticipated that parthenolide would act to prevent an increase in the rate of transcription of the COX-2 gene by the transcriptional regulatory factor NF-kappa B.

The essence of the present invention is that, rather than modifying active sesquiterpene lactone molecules to achieve greater efficacy and lower toxicity, a second component is added that acts in a synergistic manner. Therefore, this invention relates to the discovery that when combining an sesquiterpene lactone species with a second molecule selected from the group consisting of a diterpene lactone species, and a triterpene species or derivatives thereof, the combination produces a synergistic effect in the target cell. One such synergistic response would be the specific inhibition of inducible COX-2.

Preferably, the second molecule is a member selected from the group consisting of andrographolide, ursolic acid and oleanolic acid.

Preferably, the diterpene lactone genus, as represented by Fig. 2 [A1] and specifically exemplified by andrographolide in Fig. 2 [A2] and the tripterene genus, as represented by Fig.2 [B1] and specifically exemplified by ursolic acid, Fig. 2, [B2] or oleanolic acid, Fig. 2 [B3] as species, is a pharmaceutical grade preparation such can be obtained commercially, for example, from Garden State Nutritionals, 8 Henderson Drive, West Caldwell, NY 07006. Andrographolide can be obtained from *Andrographis paniculata*, while both ursolic and oleanolic acid are found in a wide variety of botanicals. For example, ursolic acid can be sourced from *Adina piluifera*, *Agrimonia eupatoria*, *Arbutus unedo*, *Arctostaphylos uva-ursi*, *Artocarpus heterophyllus*, *Catalpa bignoniodes*,

*Catharanthus roseus*, *Chimaphila umbellata*, *Cornus florida*, *Cornus officinalis*,  
*Crataegus cuneata*, *Crataegus laevigata*, *Crataegus pinnatifida*, *Cryptostegia*  
*grandifolia*, *Elaeagnus pungens*, *Eriobotrya japonica*, *Eucalyptus citriodora*, *Forsythia*  
*suspensa*, *Gaultheria fragrantissima*, *Glechoma hederacea*, *Hedyotis diffusa*,  
5 *Helichrysum angustifolium*, *Humulus lupulus*, *Hyssopus officinalis*, *Ilex paraguariensis*,  
*Lavandula angustifolia*, *Lavandula latifolia*, *Leonurus cardiaca*, *Ligustrum japonicum*,  
*Limonia acidissima*, *Lycopus europeus*, *Malus domestica*, *Marubium vulgare*, *Melaleuca*  
*leucadendra*, *Melissa officinalis*, *Mentha spicata*, *Mentha x rotundifolia*, *Monarda*  
*didyma*, *Nerium oleander*, *Ocimum basilicum*, *Ocimum basilicum*, *Ocimum basilicum*,  
10 *Ocimum baslicum*, *Ocimum canum*, *Origanum majorana*, *Origanum vulgare*, *Plantago*  
*asiatica*, *Plantago major*, *Plectranthus amboinicus*, *Prunell vulgaris*, *Prunella vulgaris*,  
*Prunus cerasus*, *Prunus laurocerasus*, *Prunus persica*, *Prunus serotina* spp *serotina*,  
*Psidium guajava*, *Punica granatum*, *Pyrus communis*, *Rhododendron dauricum*,  
*Rhododendron ferrugineum*, *Rhododendron ponticum*, *Rosmarinus officinalis*, *Rubus*  
15 *fruticosus*, *Salvia officinalis*, *Salvia sclarea*, *Salvia triloba*, *Sambucus nigra*, *Sanguisorba*  
*officinalis*, *Satureja hortensis*, *Satureja montana*, *Sorbus aucubaria*, *Syringa vulgaris*,  
*Teucrium chamaedrys*, *Teucrium polium*, *Teucrium spp*, *Thevetia peruviana*, *Thymus*  
*serpyllum*, *Thymus vulgaris*, *Uncaria tomentosa*, *Vaccinium corymobosum*, *Vaccinium*  
*myrtillus*, *Vaccinium vitis idaea*, *Verbena officinalis*, *Viburnum opulus* var. *opulus*,  
20 *Viburnum prunifolium*, *Vinca minor* or *Zizyphus jujuba*. Similarly, oleanolic acid is  
found in *Achyranthes aspera*, *Achyranthes bidentata*, *Adina piluifera*, *Ajpocynum*





consisting of *Ligustrum japonicum*, *Plantago asiatica*, *Plantago major*, *Prunus species*,  
*Uncaria tomentosa*, *Zizyphus jujuba*, *Cornus officinalis*, *Eucalyptus citriodora*, *Forsythia*  
*suspensa*, *Lavandula latifolia*, *Malus domestica*, *Nerium oleander*, *Ocimum basilicum*,  
*Punica granatum*, *Pyrus communis*, *Rosmarinus officinalis*, *Salvia triloba*, *Sorbus*  
5 *aucubaria*, *Vaccinium myrtillus*, *Vaccinium vitis-idaea*, and *Viburnum opulus* var.

*opulus*. The most preferred botanical sources for ursolic acid is a member selected from  
the group consisting of *Ligustrum japonicum*, *Plantago asiatica*, *Plantago major*,  
*Prunus species*, *Uncaria tomentosa*, and *Zizyphus jujuba*.

The preferred botanical sources for oleanolic acid is a member selected from the group  
10 consisting of *Eleutherococcus senticosus*, *Ligustrum japonicum*, *Ligustrum lucidum*,  
*Panax ginseng*, *Panax japonicus*, *Panax quinquefolius*, *Plantago major*, *Vitis vinifera*,  
*Zizyphus jujuba*, *Achyranthes bidentata*, *Allium cepa*, *Allium sativum*, *Cornus officinalis*,  
*Daemonorops draco*, *Forsythia suspensa*, *Prunus cerasus*, *Quisqualis indica*,  
*Rosmarinus officinalis*, *Salvia triloba*, *Syzygium aromaticum*, *Thymus vulgaris*, *Uncaria*  
15 *tomentosa*, *Vaccinium corymbosum*, and *Vaccinium myrtillus*. The most preferred

botanical sources for oleanolic acid is a member selected from the group consisting of  
*Eleutherococcus senticosus*, *Ligustrum japonicum*, *Ligustrum lucidum*, *Panax ginseng*,  
*Panax japonicus*, *Panax quinquefolius*, *Plantago major*, *Vitis vinifera* and *Zizyphus*  
*jujuba*.

20 The pharmaceutical grade extract must pass extensive safety and efficacy procedures.

Pharmaceutical grade andrographolide, ursolic acid or oleanolic acid refers to a

preparation wherein the concentration of andrographolide, ursolic acid or oleanolic acid is greater than 90 percent by total weight of the preparation. As employed in the practice of the invention, the extract has an andrographolide, ursolic acid or oleanolic acid content of about 10 to 95 percent by weight. Preferably, the minimum andrographolide, ursolic acid or oleanolic acid content is greater than 50 percent by weight. The pharmaceutical grade extracts are particularly preferred. Without limiting the invention, it is anticipated that andrographolide, ursolic acid or oleanolic acid act to inhibit the generation of reactive oxygen intermediates (ROI) from AA metabolism and thereby prevent an increase in the rate of transcription of the COX-2 gene by the transcriptional regulatory factor NF-kappa B.

Without limiting the invention, the action of the diterpene lactones or triterpenes is thought to inhibit COX-2 enzyme activity by providing a dual, synergistic effect with sesquiterpene lactones. By inhibiting both the generation of free radicals from the production of prostaglandins as well as COX-2 enzyme activity, the second compound selected from the group consisting of diterpene lactones or triterpenes increases the anti-inflammatory activity of sesquiterpene lactones. The result of the combinations of this invention is a more selective effect on the activity of COX-2 at lower doses of sesquiterpene lactones that would normally be required. By decreasing the dose of sesquiterpene lactones to achieve the desired COX-2 inhibition, the probability of side effects from this compound decreases almost exponentially. The second compound selected from the group consisting of diterpene lactones and triterpenes may also provide

hepatoprotection, antitumor promotion, antihyperlipidemia, antihyperglycemia, and protection against ulcer formation from COX-1 inhibiting agents.

Preferably, a daily dose (mg/kg-day) of the present dietary supplement would be formulated to deliver, per kg body weight of the animal about 0.05 to 5 mg sesquiterpene lacotone, and about 0.5 to 20.0 mg diterpene lactones or triterpenes.

The composition of the present invention for topical application would contain one of the following: about 0.001 to 1 wt%, preferably 0.01 to 1 wt% sesquiterpene lactone, and about 0.025 to 1 wt%, preferably 0.01 to 0.05 to wt% diterpene lactones or triterpenes.

The preferred composition of the present invention would produce serum concentrations in the following range: 0.001 to 10  $\mu$ M sesquiterpene lacotone, diterpene lactones or triterpenes.

Table 2 below provides a list of diseases in which COX-2 enzyme expression and activity may play a significant role and therefore are appropriate targets for normalization or treatment by the invention.

TABLE 2

Disease	Tissue Affected
Addison's Disease	Adrenal
Allergies	Inflammatory cells
Alzheimer Disease	Nerve cells
Arthritis	Inflammatory cells
Atherosclerosis	Vessel wall
Colon Cancer	Intestine
Crohn's Disease	Intestine
Diabetes (type I)/type II	Pancreas
Eczema	Skin/Inflammatory cells
Graves' Disease	Thyroid
Guillain-Barre Syndrome	Nerve cells
Inflammatory Bowel Disease	Intestine
Leukemia	Immune cells
Lymphomas	Immune cells
Multiple Sclerosis	Nerve cells

Myasthenia Gravis	Neuromuscular junction
Osteoarthritis	Joint lining
Psoriasis	Skin
Primary Biliary Cirrhosis	Liver
Rheumatoid Arthritis	Joint lining
Solid Tumors	Various
Systemic Lupus Erythematosus	Multiple tissues
Uveitis	Eye

In addition to the combination of sesquiterpene lactones and at least one compound selected from the group consisting of diterpene lactones and triterpenes or derivatives thereof, the present composition for dietary application may include various additives such as other natural components of intermediary metabolism, vitamins and minerals, as well as inert ingredients such as talc and magnesium stearate that are standard excipients in the manufacture of tablets and capsules.

As used herein, "pharmaceutically acceptable carrier" includes any and all solvents, dispersion media, coatings, isotonic and absorption delaying agents, sweeteners and the like. These pharmaceutically acceptable carriers may be prepared from a wide range of materials including, but not limited to, diluents, binders and adhesives, lubricants, disintegrates, coloring agents, bulking agents, flavoring agents, sweetening agents and miscellaneous materials such as buffers and absorbents that may be needed in order to prepare a particular therapeutic composition. The use of such media and agents for pharmaceutically active substances is well known in the art. Except insofar as any conventional media or agent is incompatible with the active ingredients, its use in the present composition is contemplated.

In one embodiment, talc and magnesium stearate are included in the present formulation. When these components are added they are preferably, the Astac Brand 400 USP talc powder

and the veritable grade of magnesium stearate. Other ingredients known to affect the manufacture of this composition as a dietary bar or functional food can include flavorings, sugars, amino-sugars, proteins and/or modified starches, as well as fats and oils.

5 The dietary supplements, lotions or therapeutic compositions of the present invention can be formulated in any manner known by one of skill in the art. In one embodiment, the composition is formulated into a capsule or tablet using techniques available to one of skill in the art. In capsule or tablet form, the recommended daily dose for an adult human or animal would preferably be contained in one to six capsules or tablets. However, the present compositions may also be formulated in other convenient forms, such as an injectable  
10 solution or suspension, a spray solution or suspension, a lotion, gum, lozenge, food or snack item. Food, snack, gum or lozenge items can include any ingestible ingredient, including sweeteners, flavorings, oils, starches, proteins, fruits or fruit extracts, vegetables or vegetable extracts, grains, animal fats or proteins. Thus, the present compositions can be formulated into cereals, snack items such as chips, bars, gum drops, chewable candies or slowly  
15 dissolving lozenges.

The present invention contemplates treatment of all types of inflammation-based diseases, both acute and chronic. The present formulation reduces the inflammatory response and thereby promotes healing of, or prevents further damage to, the affected tissue. A pharmaceutically acceptable carrier may also be used in the present  
20 compositions and formulations.

According to the present invention, the animal may be a member selected from the group consisting of humans, non-human primates, such as dogs, cats, birds, horses, ruminants or other warm blooded animals. The invention is directed primarily to the treatment of human beings. Administration can be by any method available to the skilled artisan, for example, by oral, topical, transdermal, transmucosal, or parenteral routes.

The following examples are intended to illustrate but not in any way limit the invention:

### EXAMPLE 1

#### Inhibition of COX-2 Enzyme Expression in Human T Cells by Parthenolide and Andrographolide

This example hypothetically illustrates the effect of parthenolide and andrographolide on the COX-2 in cultured Jurkat cells. It is found that both parthenolide and andrographolide have little effect on decreasing the expression of COX-2 protein in PMA stimulated Jurkat cells in the dose-range tested. However, combinations of the two compounds exerted a powerful inhibition of the expression of COX-2 in the presence and absence of AA with no observable signs of toxicity.

**Chemicals:** Anti-COX-2 antibodies may be purchased from Upstate Biotechnology (Lake Placid, NY). Parthenolide and andrographolide may be obtained from Sigma (St. Louis, MO). Arachidonic acid (AA), PMA and all other chemical may also be purchased from Sigma and are of the highest purity commercially available.

**Human T cell lines:** The Jurkat cell line is useful as a model for human T cells and may be obtained from the American Type Culture Collection (Bethesda, MD). COX-2 is inducible in the Jurkat cell by PMA.

**Cell plating:** The Jurkat cells are propagated in suspension according to the instructions of the supplier. For experimentation, cells are seeded from a log-phase culture at a density of  $1 \times 10^5$  cells per mL in 100 mm plates, 20 mL per plate, 3 plates per treatment. Serum concentration in the test medium is maintained at 0.5%. After 24 hours, the phytohemagglutinin (PHA) or PHA/AA combinations are added to the cell cultures, in 10  $\mu$ L aliquots, to achieve effective concentrations.

**Gel Electrophoresis:** Sodium dodecyl sulfate polyacrylamide gel electrophoresis (PAGE) is performed using 10% polyacrylamide gels as described by Laemmli, U.K. and Favre, M. (J. Mol. Biol. (1973) 80:575) with the modification that the cell lysates (100  $\mu$ g/lane) are heated at 100°C for three minutes.

**Immunoblotting:** The immunoblotting is performed as described by Tobin et al. (Proc. Nat. Acad. Sci. USA (1979) 76:4350), however, Milliblot SDE electroblot apparatus (Millipore, Bedford, MA) is used to transfer proteins from the polyacrylamide gels to an Immobilon® membrane filter. Complete transfers are accomplished in 25 – 30 minutes at 500 mA. Membranes used for blotting are blocked by incubating in TBS (Tris buffered saline, 50 mM Tris, 150 mM NaCl, pH 7.5) containing 5% nonfat dry milk for 30 minutes at room temperature. COX-2 protein is visualized by incubation of the blots with the anti-COX-2 antibody in TBST (0.5% Tween 20 in TBS) for two hours and then a second

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incubation at room temperature with alkaline phosphatase-conjugated secondary antibody diluted 1:1000 in TBST for two hours. The enzymatic reaction is developed for 15 minutes. The molecular weight of COX-2 is estimated by adding a molecular weight standard to reference lanes and staining the membrane filters with amido black 10B.

5            Blots are translated into TIFF-formatted files with a Microtech 600GS scanner and quantified using Scan Analysis (BIOSOFT, Cambridge, UK). Summary scans are then printed and peak heights are measured directly from the figure. One density unit (Du) is defined as one mm of the resulting peak height.

**Protein determination:** Spectrophotometric determination of protein  
10           concentration is determined with bicinchoninic acid as reported by Smith et al. (Anal. Biochem. (1985) 150:76).

             FIG. 3 provides a schematic for the experimental design in which Jurkat cells are stimulated with PHA in the absence and presence of arachidonic acid. Parthenolide or a compound selected from the group consisting of andrographolide, ursolic acid and  
15           oleanolic acid alone, or a combination of parthenolide and a compound selected from the group consisting of andrographolide, ursolic acid and oleanolic acid were added in a volume of 10  $\mu$ L to the medium immediately following the PHA treatment. Appropriate controls receive solvent only. Final concentrations of parthenolide are 0, 0.01, 0.05, 0.1, 0.5, 1.0, 5.0 and 10 nM. Concentrations of a compound selected from the group  
20           consisting of andrographolide, ursolic acid and oleanolic acid are 0, 0.01, 0.05, 0.1, 0.5, 1.0, 5.0, 10, 100, 500 and 1,000 nM. For the mixtures, the first seven doses are simply

combined. For example, the first dose of the combined treatment contains 0.01 nM parthenolide and 0.01 nM oleanolic acid. Twenty-four hours after treatment, the cells are harvested, lysed and western blotting is done for the determination of COX-2 protein expression.

FIG. 4 is a line graph depicting the percent inhibition of COX-2 enzyme protein expression by individual compounds and the combinations of, as described above in the absence and presence of arachidonic acid. FIG. 4(a) illustrate the percent inhibition of COX-2 enzyme protein expression by parthenolide, andrographolide and combination of parthenolide and andrographolide, in the absence and presence of arachidonic acid. It is observed that parthenolide functions to inhibit the expression of inducible cyclooxygenase 2 enzyme in the Jurkat cell line in the absence of arachidonic acid, and that this activity is enhanced more than 10-fold by addition of a second compound selected from the group consisting of andrographolide, ursolic acid and oleanolic acid. Individual compounds alone do not inhibit COX-2 expression at physiologically relevant doses. In the presence of combinations, the inhibition of inducible COX-2 by parthenolide is nearly complete, even at very low concentrations. In the presence of arachidonic acid, parthenolide inhibition of COX-2 enzyme protein is compromised, but restored in the presence of the second compound.

## EXAMPLE 2

### Inhibition of Cyclooxygenase-2 Enzyme Expression in Human T Cells by Parthenolide and Oleanolic Acid

This example hypothetically illustrates the effect of parthenolide and oleanolic acid on the inducible cyclooxygenase COX-2 in cultured Jurkat cells.

The experiment is performed as described in EXAMPLE 1, except that the second compound is oleanolic acid.

5           Figure 4(b) is a line graph depicting the percent inhibition of COX-2 enzyme protein expression by parthenolide, oleanolic acid and the combination of parthenolide with oleanolic acid (Combination) in the absence and presence of arachidonic acid. It is observed that, within the dose-range tested, parthenolide does not effectively function to inhibit the expression of inducible cyclooxygenase 2 enzyme in the Jurkat cell line in the absence or  
10           presence of arachidonic acid. Furthermore, oleanolic acid alone does not inhibit COX-2 expression at physiologically relevant doses. In the presence of oleanolic acid inhibition of inducible COX-2 by parthenolide is nearly complete, even at very low concentrations of each test material both with and without arachidonic acid.

### EXAMPLE 3

#### 15           Inhibition of Cyclooxygenase-2 Enzyme Expression in Human T Cells by                     Parthenolide and Ursolic acid

This example hypothetically illustrates the effect of parthenolide and ursolic acid on the inducible cyclooxygenase COX-2 in cultured Jurkat cells.

20           The experiment is performed as described in EXAMPLE 1, except that the second compound is ursolic acid.

Figure 4(c) is a line graph depicting the percent inhibition of COX-2 enzyme protein

expression by parthenolide, ursolic acid and the combination of parthenolide with ursolic acid (Combination) in the absence and presence of arachidonic acid. It is observed that, within the dose-range tested, parthenolide does not effectively function to inhibit the expression of inducible cyclooxygenase 2 enzyme in the Jurkat cell line, in the absence or presence of arachidonic acid. Furthermore, ursolic acid alone does not inhibit COX-2 expression at physiologically relevant doses. In the presence of ursolic acid inhibition of inducible COX-2 by parthenolide is nearly complete, even at very low concentrations both with and without arachidonic acid.

As represented in the above EXAMPLE 1-3, the specific and nearly complete inhibition of COX-2 enzyme expression by combinations of parthenolide with a second compound selected from the group consisting of andrographolide, ursolic acid and oleanolic acid, with non-toxicity to other cellular functions, is a surprising and unexpected aspect of the present invention. The compositions of the present invention may exert beneficial effects in processes in which de novo COX-2 expression is involved and, in a broader sense, in pathological situations in which genes under nuclear factor-kappaB control are up-regulated.

#### EXAMPLE 4

##### Normalization of Joint Functioning Following Trauma

A representative composition of the present invention as a dietary supplement would be in an oral formulation, i.e. tablets, that would supply one of the following combinations:  
(a) 1 mg parthenolide/kg per day and 6.0 mg ursolic acid/kg per; (b) 1 mg parthenolide/kg per

day and 6.0 mg oleanolic acid/kg per day; or (c) 1 mg parthenolide/kg per day and 6.0 mg andrographolide/kg per day. Normalization of joint movement following physical trauma due to exercise or repetitive movement stress would be expected to occur following two to ten doses. This result would be expected in all animals.

5

#### EXAMPLE 5

##### Clinical Effectiveness of a Lotion Formulation in the Treatment of Acne Rosacea

A lotion designed to contain one of the following: (a) 0.1% wt parthenolide and 0.5% andrographolide; (b) 0.1% wt parthenolide and 0.5% ursolic acid; or (c) 0.1% wt parthenolide and 0.5% oleanolic acid, is applied to affected areas of patients who have exhibited acne rosacea as diagnosed by their practitioner and confirmed by an independent board-certified dermatologist. Self-evaluation tests are administered one week prior to the study to quantify the surface area affected and redness. In addition, similar variables are scored by the professional clinical staff not aware of the patients treatment status. These evaluations are repeated on Days 0, 7, 14 and 21.

10

15

Patients are randomly assigned to the test formulation or a placebo at the start of the study. The test formulation and placebo are applied to the affected area one or two times per day. Treatment for health conditions such as diabetes, hypertension, etc. is allowed during the study. Scores are statistically compared between the test formulation and the placebo for each of the four observational periods. Patients treated with the combination composition of the present invention in a lotion formulation are considered improved if the patients' scores improve by greater than 20% from the pre-test scores

20

within each category evaluated. The percentage of persons exhibiting improvement are compared between the combination formulations and the placebo control. The difference between the two groups is considered statistically significant if the probability of rejecting the null hypothesis when true is less than five percent.

5

## EXAMPLE 6

### Clinical Effectiveness of Lotion Formulations in the Treatment of Psoriasis

10 This example is performed in the same manner as described in the Example 5, except that the composition is applied to affected areas of patients who have exhibited psoriasis as diagnosed by their practitioner and confirmed by an independent board-certified dermatologist. Self-evaluation tests are administered one week prior to the study to quantify the surface area affected and skin condition. In addition, similar variables are scored by the professional clinical staff not aware of the patients treatment status. These evaluations are repeated on Days 0, 7, 30 and 60.

15 Patients are randomly assigned to the test formulation or placebo at the start of the study. The test formulation and placebo are applied to the affected area one or two times per day. Treatment for health conditions such as diabetes, hypertension, etc. is allowed during the study. Scores are statistically compared between the test formulation and the placebo for each of the four observational periods. Patients treated with the combination  
20 of parthenolide and a compound selected from the group consisting of andrographolide, ursolic acid and oleanolic acid lotion formulation are considered improved if the patients'

scores improve by greater than 20% from the pre-test scores within each category evaluated. The percentage of persons exhibiting improvement is compared between the the combination of parthenolide and a compound selected from the group consisting of andrographolide, ursolic acid and oleanolic acid formulation and the placebo control.

5 The difference between the two groups is considered statistically significant if the probability of rejecting the null hypothesis when true is less than five percent.

#### EXAMPLE 7

##### Clinical Effectiveness of an Oral Formulation in the Treatment of Alzheimer's Disease

10 An oral formulation as described in Example 4 is administered to patients who have manifested an early stage of Alzheimer's Disease (AD), as diagnosed by their own practitioner and confirmed by an independent board-certified neurologist. Two weeks before the clinical trial, the patients undergo appropriate psychoneurological tests such as the Mini Mental Status Exam (MMSE), the Alzheimer Disease Assessment Scale  
15 (ADAS), the Boston Naming Test (BNT), and the Token Test (TT). Neuropsychological tests are repeated on Day 0, 6 weeks and 3 months of the clinical trial. The tests are performed by neuropsychologists who are not aware of the patient's treatment regimen.

Patients are randomly assigned to the test formulation or placebo at the start of the study. The test formulation and placebo are taken orally one or two times per day.

20 Treatment for conditions such as diabetes, hypertension, etc. is allowed during the study.

Scores are statistically compared between the test formulation and the placebo for each of

the three observational periods. Without treatment the natural course of AD is significant deterioration in the test scores during the course of the clinical trial. Patients treated with the combination of parthenolide and a compound selected from the group consisting of andrographolide, ursolic acid and oleanolic acid formulation are considered improved if the patients' scores remain the same or improve during the course of the clinical trial.

### EXAMPLE 8

#### Clinical Effectiveness of an Oral Formulation in the Treatment and Prevention of Colon Cancer

An oral formulation as described in Example 4 is administered to patients who have manifested an early stage of colon cancer as diagnosed by their own practitioner and confirmed by a independent board-certified oncologist.

Patients are randomly assigned to the test formulation or placebo at the start of the study. The test formulation and placebo are taken orally one or two times per day.

Treatment for conditions such as diabetes, hypertension, etc. is allowed during the study.

Endoscopic evaluations are made at one, two, six and twelve months. Evidence of reappearance of the tumor during any one of the four follow-up clinical visits is considered a treatment failure. The percentage of treatment failures is compared between the combination of parthenolide and a compound selected from the group consisting of andrographolide, ursolic acid and oleanolic acid formulation and the placebo control.

The difference between the two groups is considered statistically significant if the probability of rejecting the null hypothesis when true is less than five percent.



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## Inhibition of COX-2 Mediated Production of PGE2 in RAW 264.7 Cells

*Equipment* - balancer, analytical, Ohaus Explorer (Ohaus Model #EO1140, Switzerland), biosafety cabinet (Forma Model #F1214, Marietta, Ohio), pipettor, 100 to 1000  
5  $\mu$ L (VWR Catalog #4000-208, Rochester, NY), cell hand tally counter (VWR Catalog #23609-102, Rochester, NY), CO<sub>2</sub> incubator (Forma Model #F3210, Marietta, Ohio), hemacytometer (Hausser Model #1492, Horsham, PA), microscope, inverted (Leica Model #DMIL, Wetzlar, Germany), multichannel pipettor, 12-Channel (VWR Catalog #53501-662, Rochester, NY), Pipet Aid (VWR Catalog #53498-103, Rochester, NY), Pipettor, 0.5 to 10  
10  $\mu$ L (VWR Catalog #4000-200, Rochester, NY), pipettor, 100 to 1000  $\mu$ L (VWR Catalog #4000-208, Rochester, NY), pipettor, 2 to 20  $\mu$ L (VWR Catalog #4000-202, Rochester, NY), pipettor, 20 to 200  $\mu$ L (VWR Catalog #4000-204, Rochester, NY), PURELAB Plus Water Polishing System (U.S. Filter, Lowell, MA), refrigerator, 4°C (Forma Model #F3775, Marietta, Ohio), vortex mixer (VWR Catalog #33994-306, Rochester, NY), water bath (Shel  
15 Lab Model #1203, Cornelius, OR).

*Cells, Chemicals, Reagents and Buffers* - Cell scrapers (Corning Catalog #3008, Corning, NY), dimethylsulfoxide (DMSO) (VWR Catalog #5507, Rochester, NY), Dulbecco's Modification of Eagle's Medium (DMEM) (Mediatech Catalog #10-013-CV, Herndon, VA), fetal bovine serum, heat inactivated (FBS-HI) (Mediatech Catalog #35-011-  
20 CV, Herndon, VA), lipopolysaccharide (LPS)(Sigma Catalog #L-2654, St. Louis, MO), microfuge tubes, 1.7 mL (VWR Catalog #20172-698, Rochester, NY),

penicillin/streptomycin (Mediatech Catalog #30-001-CI, Herndon, VA), pipet tips for 0.5 to 10  $\mu$ L pipettor (VWR Catalog #53509-138, Rochester, NY), pipet tips for 100-1000  $\mu$ L pipettor (VWR Catalog #53512-294, Rochester, NY), pipet tips for 2-20  $\mu$ L and 20-200  $\mu$ L pipettors (VWR Catalog #53512-260, Rochester, NY), pipets, 10 mL (Becton Dickinson Catalog #7551, Marietta, OH), pipets, 2 mL (Becton Dickinson Catalog #7507, Marietta, OH), pipets, 5 mL (Becton Dickinson Catalog #7543, Marietta, OH), RAW 264.7 Cells (American Type Culture Collection Catalog #TIB-71, Manassas, VA), test compounds (liquid CO<sub>2</sub> hops extract from Hopunion, Yakima, WA), tissue culture plates, 96-well (Becton Dickinson Catalog #3075, Franklin Lanes, NJ), Ultra-pure water (Resistance =18 megaOhm-cm deionized water).

*General Procedure* - RAW 264.7 cells, obtained from ATCC, were grown in DMEM medium and maintained in log phase growth. The DMEM growth medium was made as follows: 50 mL of heat inactivated FBS and 5 mL of penicillin/streptomycin were added to a 500 mL bottle of DMEM and stored at 4°C. This was warmed to 37 °C in a water bath before use and for best results should be used within three months

On day one of the experiment, the log phase 264.7 cells were plated at  $8 \times 10^4$  cells per well in 0.2 mL growth medium per well in a 96-well tissue culture plate. After 6 to 8 hours post plating, 100  $\mu$ L of growth medium from each well was removed and replaced with 100  $\mu$ L fresh medium. A 1.0 mg/mL solution of LPS, which was used to induce the expression of COX-2 in the RAW 264.7 cells, was prepared by dissolving 1.0 mg of LPS in 1 mL DMSO. It was mixed until dissolved and stored at 4 °C. Immediately before use, it

was thawed at room temperature or in a 37 °C water bath.

On day two of the experiment, the test materials were prepared as 1000X stock in DMSO. For example, if the final concentration of the test material was to be 10 µg/mL, a 10 mg/mL stock was prepared by dissolving 10 mg of the test material in 1 mL of DMSO.

5 Fresh test materials were prepared on day 2 of the experiment. In 1.7 mL microfuge tubes, 1 mL DMEM without FBS was added to obtain test concentrations of 0.05, 0.10, 0.5, and 1.0 µg/mL. 2 µL of the 1000X DMSO stock of the test material was added to the 1 mL of medium without FBS. The tube contained the final concentration of the test material was concentrated 2-fold. The tube was placed in incubator for 10 minutes to equilibrate.

10 One-hundred mL of medium was removed from each well of the cell plates prepared on day one. One-hundred mL of equilibrated 2X final concentration the test compounds were added to cells and incubated for 90 minutes. LPS in DMEM without FBS was prepared by adding 44 µL of the 1 mg/mL DMSO stock to 10 mL of medium. For each well of cells to be stimulated, 20 µL of LPS (final concentration of LPS is 0.4 µg/mL of LPS) was added.  
15 The LPS stimulation was continued for 24 hours, after which the supernatant medium from each well was transferred to a clean microfuge tube for determination of the PGE2 content in the medium.

#### Determination of COX-1 Enzyme Inhibition by parthenolide and andrographolide

20 The ability of a test material to inhibit COX-1 synthesis of PGE2 was determined essentially as described by Noreen, Y., et al. (J. Nat. Prod. 61, 2-7, 1998).

*Equipment* - balancer (2400 g, Acculab VI-2400, VWR Catalog #11237-300,



#24711-364, Rochester, NY), hematin (porcine) (Sigma catalog # H-3281, St. Louis, MO), hydrochloric acid (HCl) (VWR Catalog #VW3110-3, Rochester, NY), KimWipes (Kimberly Clark Catalog #34256, Roswell, GA), microfuge tubes, 1.7 mL (VWR Catalog #20172-698, Rochester, NY), NaOH (Sigma Catalog #S-5881, St. Louis, MO), pipet tips for 0.5 to 10  $\mu$ L pipettor (VWR Catalog #53509-138, Rochester, NY), pipet tips for 100-1000  $\mu$ L pipettor (VWR Catalog #53512-294, Rochester, NY), pipet tips for 2-20  $\mu$ L and 20-200  $\mu$ L pipettors (VWR Catalog #53512-260, Rochester, NY), prostaglandin E2 (Sigma Catalog # P-5640, St. Louis, MO), prostaglandin F2alpha (Sigma Catalog # P-0424, St. Louis, MO), stir bar, magnetic (VWR Catalog #58948-193, Rochester, NY), storage bottle, 1000 mL (Corning Catalog #1395-1L, Corning, NY), storage bottle, 100 mL (Corning Catalog #1395-100, Corning, NY), CO<sub>2</sub> extract of hops (Hopunion, Yakima, WA), Tris-HCl (Sigma Catalog #T-5941, St. Louis, MO), ultra-pure water (Resistance =18 megaOhm-cm deionized water).

*General Procedure* - Oxygen-free 1.0M Tris-HCl buffer (pH 8.0) was prepared as follows. In a 1000 mL beaker, 12.11g Trizma HCl was dissolved into 900 mL ultra-pure water. The beaker was placed on a stir plate with a stir bar. NaOH was added until the pH reached 8.0. The volume was adjusted to a final volume of 1000mL and stored in a 1000 mL storage bottle.

The Tris-HCl buffer was placed into a vacuum chamber with the top loosened and the air pump was turned on until the buffer stopped bubbling. The vacuum chamber was then turned off and the storage bottle was tightly covered. This step was repeated each time when oxygen-free Tris-HCl buffer was used.

One mL cofactor solution was prepared by adding 1.3 mg (-) epinephrine, 0.3 mg reduced glutathione and 1.3 mg hematin to 1 mL oxygen free Tris-HCl buffer. The solutions of the test material were prepared as needed. i.e. 10 mg of aspirin was weighed and dissolved into 1 mL DMSO.

5 Enzymes, i.e. prostaglandin E2 or prostaglandin F2alpha, were dissolved in oxygen free Tris-HCl buffer as follows, i.e. on ice, 6.5 µL of enzyme at 40,000 units/mL was taken and added to 643.5 µL of oxygen free Tris-HCl buffer. This enzyme solution is enough for 60 reactions. The COX-1 enzyme solution was prepared as follows: In a 15 mL centrifuge tube, 10 µL COX-1 enzyme at 40,000 units/mL was added to oxygen free Tris-HCl with 50  
10 µL of the cofactor solution per reaction. The mixture was incubated on ice for 5 minutes. For 60 reactions, 650 µL enzyme were added in oxygen free Tris-HCl buffer with 3.25 mL cofactor solution.

Sixty microliters of the enzyme solution were combined with 20 µL of the test solution in each well of a 96 well plate. Final concentrations of the test solutions were 100,  
15 50, 25, 12.5, 6.25 and 3.12 µg/mL. The plates were preincubated on ice for 10 minutes. Twenty µL arachidonic acid (30µM) was added and incubated for 15 minutes at 37°C.

Two M HCl was prepared by diluting 12.1 N HCl. in a 100 mL storage bottle. 83.5 mL ultra-pure water was added and then 16.5 mL 12.1 N HCl was added. It was stored in a 100 mL storage bottle and placed in the Biosafety cabinet. The reaction was terminated by  
20 adding 10 µL 2 M HCl. The final solution was used as the supernatant for the PGE<sub>2</sub> assay.

### Determination of PGE<sub>2</sub> Concentration in Medium

The procedure followed was that essentially described by Hamberg, M. and Samuelsson, B. (*J. Biol. Chem.* 1971. 246, 6713-6721); however a commercial, nonradioactive procedure was employed.

5           *Equipment* - freezer, -30°C (Forma Model #F3797), heated stirring plate (VWR Catalog #33918-262, Rochester, NY), multichannel pipettor, 12-Channel (VWR Catalog #53501-662, Rochester, NY), orbital shaker platform (Scienceware #F37041-0000, Pequannock, NJ), Pipet Aid (VWR Catalog #53498-103, Rochester, NY), pipettor, 0.5 to 10 µL (VWR Catalog #4000-200, Rochester, NY), pipettor, 100 to 1000 µL (VWR Catalog #4000-208, Rochester, NY), pipettor, 2 to 20 µL (VWR Catalog #4000-202, Rochester, NY), pipettor, 20 to 200 µL (VWR Catalog #4000-204, Rochester, NY), plate reader (Bio-tek Instruments Model #Elx800, Winooski, VT), PURELAB Plus Water Polishing System (U.S. Filter, Lowell, MA), refrigerator, 4°C (Forma Model #F3775, Marietta, Ohio).

10           *Chemicals, Reagents and Buffers* - Prostaglandin E<sub>2</sub> EIA Kit-Monoclonal 480-well (Cayman Chemical Catalog # 514010, Ann Arbor, MI), centrifuge tube, 50 mL, conical, sterile (VWR Catalog #20171-178, Rochester, NY), Dulbecco's Modification of Eagle's Medium (DMEM) (Mediatech Catalog #10-013-CV, Herndon, VA), graduated cylinder, 100 mL (VWR Catalog #24711-310, Rochester, NY), KimWipes (Kimberly Clark Catalog #34256, Roswell, GA), microfuge tubes, 1.7 mL (VWR Catalog #20172-698, Rochester, NY), penicillin/streptomycin (Mediatech Catalog #30-001-CI, Herndon, VA), pipet tips for 0.5 to 10 µL pipettor (VWR Catalog #53509-138, Rochester, NY), pipet tips for 100-1000



5       $\mu$ L pipettor (VWR Catalog #53512-294, Rochester, NY), pipet tips for 2-20  $\mu$ L and 20-200  $\mu$ L pipettors (VWR Catalog #53512-260, Rochester, NY), pipets, 25 mL (Becton Dickinson Catalog #7551, Marietta, OH), storage bottle, 100 mL (Corning Catalog #1395-100, Corning, NY), storage bottle, 1000 mL (Corning Catalog #1395-1L, Corning, NY), ultra-pure water (Resistance =18 megaOhm-cm deionized water).

*General Procedure* - EIA Buffer was prepared by diluting the contents of the EIA Buffer Concentrate (vial #4) with 90ml of Ultra-pure water. Vial #4 was rinsed several times to ensure all crystals had been removed and was then placed into a 100 mL storage bottle and stored at 4°C.

10      The Wash Buffer was prepared by diluting Wash Buffer Concentrate (vial #5) 1:400 with Ultra-pure water. 0.5 ml/liter of Tween 20 (vial #5a) was then added (using a syringe for accurate measurement). To prepare one liter of Wash Buffer add 2.5ml Wash Buffer Concentrate, 0.5ml Tween-20, and 997ml Ultra-pure water. The solution was stored in a 1 liter storage bottle at 4°C.

15      The Prostaglandin E<sub>2</sub> standard was reconstituted as follows. A 200 $\mu$ L pipet tip was equilibrated by repeatedly filling and expelling the tip several times in ethanol. The tip was used to transfer 100  $\mu$ L of the PGE<sub>2</sub> Standard (vial #3) into a 1.7 mL microfuge tube. 900 $\mu$ L Ultra-pure water was added to the tube and stored at 4°C, which was stable for ~6 weeks. The Prostaglandin E<sub>2</sub> acetylcholinesterase tracer was reconstituted as follows. 100  $\mu$ L PGE<sub>2</sub> tracer (vial #2) was mixed with 30 mL of the EIA Buffer in a 50 mL centrifuge tube and stored at 4°C.

20

The Prostaglandin E<sub>2</sub> monoclonal antibody was reconstituted as follows. 100 μL PGE<sub>2</sub> Antibody (vial #1) was mixed with 30 mL of the EIA buffer in a 50 mL centrifuge tube and stored at 4°C.

DMEM with penicillin/streptomycin was prepared by adding 5 mL penicillin/streptomycin into 500 mL DMEM and stored at 4°C

The plates were set up as follows: Each plate contained a minimum of two blanks (B), two non-specific binding wells (NSB), two maximum binding wells (B<sub>0</sub>), and an eight point standard curve run in duplicate (S1-S8). Each sample was assayed at a minimum of two dilutions and each dilution was run in duplicate.

The standard was prepared as follows: Eight 1.7 mL microuge tubes were labeled as tubes 1-8. 900 μL DMEM into was added to tube 1 and 500 μL DMEM to tubes 2-8. 100 μL of the PGE<sub>2</sub> standard was added to tube 1 and mixed. Five-hundred mL of solution was taken from tube 1 and put into tube 2, and this process was repeated through tube 8.

Fifty mL EIA Buffer and 50 μl DMEM were added into the NSB wells. Fifty μl DMEM was added to the B<sub>0</sub> wells. Fifty mL of solution was taken from tube #8 and added to both the lowest standard wells (S8). Fifty mL was taken from tube #7 and added to each of the next two wells. This was continued through to tube #1. (the same pipet tip was used for all 8 of the standards making sure to equilibrate the tip in each new standard by pipeting up and down in that standard. Using a P200, 50 μl of each sample at each dilution was added to the sample wells.

Using a 12 channel pipetor, 50 μl of the Prostaglandin E<sub>2</sub> acetylcholinesterase tracer

was added to each well except the Total Activity (TA) and the Blank (B) wells. Using the 12 channel pipetor, 50 $\mu$ l of the Prostaglandin E<sub>2</sub> monoclonal antibody was added to each well except the Total Activity (TA), the (NSB), and the Blank (B) wells. The plate was covered with plastic film (item #7) and incubated for 18 hours at 4<sup>0</sup>C.

5           The plates were developed as follows: one 100  $\mu$ L vial of Ellman's Reagent (vial #8) was reconstituted with 50 ml of Ultra-pure water in a 50 mL centrifuge tube. It was protected from light and used the same day. The wells were washed and rinsed five times with Wash Buffer using a 12 channel pipettor. Two-hundred mL of Ellman's Reagent was added to each well using a 12 channel pipettor and 5 $\mu$ l of Tracer to the total activity(TA) wells was then added to each well using a P10 pipette. The plate was covered with a plastic film and placed on orbital shaker in the dark for 60-90 minutes.

10           The plate was read in the Bio-tek plate reader at a single wavelength between 405 and 420 nm. Before reading each plate, the bottom was wiped with a Kim wipe. The plate should be read when the absorbance of the wells is in the range of 0.3-0.8 A.U. If the absorbance of the wells exceeded 1.5, they were washed and fresh Ellmans' Reagent was added and then redeveloped.

#### Calculation of synergy and combination index

15           Synergy between the curcuminoids and andrographolide was assessed using CalcuSyn (BIOSOFT, biosoft.com). This statistical package performs multiple drug dose-effect calculations using the Median Effect methods described by T-C Chou and P. Talaly (Trends Pharmacol. Sci. 4:450-454), hereby incorporated by reference.

Briefly, it correlates the "Dose" and the "Effect" in the simplest possible form: fa/fu

=  $(C/C_m)^m$ , where C is the concentration or dose of the compound and  $C_m$  is the median-effective dose signifying the potency.  $C_m$  is determined from the x-intercept of the median-effect plot. The fraction affected by the concentration of the test material is  $f_a$  and the fraction unaffected by the concentration is  $f_u$  ( $f_u = 1 - f_a$ ). The exponent m is the parameter signifying the sigmoidicity or shape of the dose-effect curve. It is estimated by the slope of the median-effect plot.

The median-effect plot is a plot of  $x = \log(C)$  vs  $y = \log(f_a/f_u)$  and is based on the logarithmic form of Chou's median-effect equation. The goodness of fit for the data to the median-effect equation is represented by the linear correlation coefficient r of the median-effect plot. Usually, the experimental data from enzyme or receptor systems have an  $r > 0.96$ , from tissue culture an  $r > 0.90$  and from animal systems an  $r > 0.85$ .

Synergy of test components is quantified using the combination index (CI) parameter. The CI of Chou-Talaly is based on the multiple drug-effect and is derived from enzyme kinetic models (Chou, T.-C. and Talalay, P. (1977) A simple generalized equation for the analysis of multiple inhibitions of Michaelis-Menten kinetic systems. J. Biol. Chem. 252:6438-6442). The equation determines only the additive effect rather than synergism or antagonism. However, synergism is defined as a more than expected additive effect, and antagonism as a less than expected additive effect as proposed by Cho and Talalay in 1983 (Trends Pharmacol. Sci. (1983) 4:450-454). Using the designation of  $CI = 1$  as the additive effect, there is obtained for mutually exclusive compounds that have the same mode of action or for mutually non-exclusive drugs that have totally independent modes of action the

following relationships:  $CI < 1$ ,  $= 1$ , and  $> 1$  indicating synergism, additivity and antagonism, respectively.

Expected median inhibitory concentrations of the two-component combinations were estimated using the relationship:

$$[1/\text{Expected } IC_{50}] = [A/IC_{50}A] + [B/IC_{50}B]$$

where A = mole fraction of component A in the combination and B = the mole fraction of component B in the combination.

TABLE 3 illustrates the observed and expected median inhibitory concentrations for parthenolide and andrographolide for PGE2 production by COX-2 in the RAW 264.7 cell assay. While the expected  $IC_{50}$  for the 1:10 combination of parthenolide and andrographolide was 4.25  $\mu\text{g/mL}$ , the observed value was 2.2  $\mu\text{g/mL}$  or 2.8-fold greater. This level of difference was unexpected and constitutes a novel finding for the combined COX-2 inhibitory activity of the 1:10 combination of parthenolide and andrographolide.

TABLE 3. Observed and Expected Median Inhibitory Concentrations for a (10:1) Formulation of parthenolide and andrographolide

Components (1:10)	Parthenolide $IC_{50}$ ( $\mu\text{g/mL}$ )	Andrographolide $IC_{50}$ ( $\mu\text{g/mL}$ )	Combination	
			Expected $IC_{50}$ ( $\mu\text{g/mL}$ )	Observed $IC_{50}$ ( $\mu\text{g/mL}$ )
Parthenolide: Andrographolide	0.56	12.2	4.25	2.18

Statistical analysis of inhibition of COX-2 production of PGE2 in the RAW 264.7

cell model for the 1:10 combination of parthenolide and andrographolide is presented in TABLE 4. The CI for this combination was 0.359, 0.969 and 2.65, respectively, for the IC<sub>50</sub>, IC<sub>75</sub> and IC<sub>90</sub>. These CI values indicate strong synergy between parthenolide and andrographolide over the complete dose-response curve.

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TABLE 4. Combination Index for a 1:10 Formulation of parthenolide and andrographolide

Combination Index			Mean CI
IC50	IC75	IC90	
0.359	0.969	2.65	1.33

10

These data are consistent with and support the test results and conclusions performed in the Jurkat cells in which COX-2 protein expression was monitored.

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## EXAMPLE 12

### Inhibition of COX-2 Enzyme Production of Prostaglandin E2 in Murine B Cells by Parthenolide and Oleanolic Acid

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This example illustrates the superior COX-2 inhibitory potency and selectivity of the combination of parthenolide and oleanolic acid of the present invention compared to

parthenolide or oleanolic acid alone. The experiments were performed as described in EXAMPLE 11 with oleanolic acid replacing andrographolide.

TABLE 5 illustrates the observed and expected median inhibitory concentrations for parthenolide and oleanolic acid for PGE2 production by COX-2 in the RAW 264.7 cell assay. While the expected IC<sub>50</sub> for the 1:4 combination of parthenolide and oleanolic acid was 2.8 µg/mL, the observed value was 0.67 µg/mL or 4.2-fold greater. This level of difference was unexpected and constitutes a novel finding for the combined COX-2 inhibitory activity of the 1:4 combination of parthenolide and oleanolic acid.

TABLE 5. Observed and Expected Median Inhibitory Concentrations for a Formulation of Parthenolide and Oleanolic acid

Components (1:4)	Parthenolide IC <sub>50</sub> (µg/mL)	Oleanolate IC <sub>50</sub> (µg/mL)	Combination	
			Expected IC <sub>50</sub> (µg/mL)	Observed IC <sub>50</sub> (µg/mL)
Parthenolide: Oleanolic Acid	0.56	9.5	2.3	0.67

Statistical analysis of inhibition of COX-2 production of PGE2 in the RAW 264.7 cell model for the 1:4 combination of parthenolide and oleanolic acid is presented in TABLE 6. The CI for this combination was 0.552, 0.890 and 1.44, respectively, for the IC<sub>50</sub>, IC<sub>75</sub> and IC<sub>90</sub>. These CI values indicate strong synergy between parthenolide and oleanolic acid over the complete dose-response curve.

TABLE 6. Combination Index for a 1:10 Formulation of Parthenolide and Oleanolic Acid

Combination Index			Mean CI
IC50	IC75	IC90	
0.552	0.890	1.44	0.961

5                    These data are consistent with and support the test results and conclusions performed in the Jurkat cells in which COX-2 protein expression was monitored.

### EXAMPLE 13

Inhibition of COX-2 Enzyme Production of Prostaglandin E2 in Murine B Cells by

Parthenolide and Ursolic Acid

10                    This example illustrates the superior COX-2 inhibitory potency and selectivity of the combination of parthenolide and ursolic acid of the present invention compared to parthenolide or ursolic acid alone. The experiments were performed as described in EXAMPLE 11 with ursolic acid replacing andrographolide.

15                    TABLE 7 illustrates the observed and expected median inhibitory concentrations for parthenolide and ursolic acid for PGE2 production by COX-2 in the RAW 264.7 cell assay. While the expected IC<sub>50</sub> for the 1:4 combination of parthenolide and ursolic c acid was 2.5 µg/mL, the observed value was 0.56 µg/mL or 4.5-fold greater. This level of difference was unexpected and constitutes a novel finding for the combined COX-2 inhibitory activity of

20                    the 1:4 combination of parthenolide and ursolic acid.

TABLE 7. Observed and Expected Median Inhibitory Concentrations for a Formulation of Parthenolide and Ursolic Acid



Components (1:4)	Parthenolide IC <sub>50</sub> (ug/mL)	Ursolate IC <sub>50</sub> (μg/mL)	Combination	
			Expected IC <sub>50</sub> (μg/mL)	Observed IC <sub>50</sub> (μg/mL)
Parthenolide: Ursolic Acid	0.56	16.1	2.5	0.56

Statistical analysis of inhibition of COX-2 production of PGE2 in the RAW 264.7 cell model for the 1:4 combination of parthenolide and ursolic acid is presented in TABLE 6. The CI for this combination was 0.307 0.306 and 0.451, respectively, for the IC<sub>50</sub>, IC<sub>75</sub> and IC<sub>90</sub>. These CI values indicate strong synergy between parthenolide and ursolic acid over the complete dose-response curve.

TABLE 8. Combination Index for a 1:10 Formulation of Parthenolide and Ursolic Acid

Combination Index			Mean CI
IC50	IC75	IC90	
0.307	0.369	0.451	0.376

These data are consistent with and support the test results and conclusions performed in the Jurkat cells in which COX-2 protein expression was monitored.

Thus, among the various formulations taught there has been disclosed a formulation comprising parthenolide, as the first component, and a compound selected from the group consisting of andrographolide, ursolic acid and oleanolic acid, as the second component. These combinations provide for a synergistic, anti-inflammatory effect in response to physical or chemical injury or abnormal immune stimulation due to a biological agent or unknown etiology. It will be readily apparent to those skilled in the art that various changes and modifications of an obvious nature may be made without departing from the spirit of the invention, and all such changes and modifications are considered to fall within the scope of the invention as defined by the appended claims. Such changes and modifications would include, but not be limited to, the incipient ingredients added to affect the capsule, tablet, lotion, food or bar manufacturing process as well as vitamins, herbs, flavorings and carriers. Other such changes or modifications would include the use of other herbs or botanical products containing the combinations of the present invention disclosed above.

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